

ASHBURTON OSTOMY SOCIETY INC



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Greetings to all,

The leaves have all fallen signaling the end of Autumn and the winter weather has certainly arrived so I hope you are all managing to keep warm and avoid the flu bugs that are currently circulating.

Our thoughts are with those who have suffered health related challenges over recent weeks and we wish you well for a speedy recovery.

Your committee continue to arrange by-monthly meetings with interesting speakers with the next event being our Mid Winter Luncheon and General meeting. All ostomates family and interested people welcome to attend.

Details of the upcoming Federation of New Zealand Ostomy Societies Conference and Annual General Meeting being held in New Plymouth are also in this newsletter along with a reminder that Subscriptions are now due.

Good Health to you all

Regards

Jill

MID WINTER LUNCHEON & GENERAL MEETING

WEDNESDAY 28TH JUNE - 12 NOON
in the Savage Club Rooms
Cnr Cox & William Streets

Mark this date in your diary now and come along and enjoy Hot Soup & Rolls supplied by your committee followed by our General Meeting with speaker Mr Allan Lilley who will tell of his recent travels through the Holy Land.

Please bring a small plate of sweet or savoury food to share.

Family & friends are always welcome to any of our meetings & functions.

If you require transport please don't hesitate to call one of the members as detailed above.

Inquiries to Dennis - Ph: 308 3741

N.Z. OSTOMATE MAGAZINE - Issue 2 for 2017 is currently at the printer and will be distributed in early July. We hope you will find it an interesting read and are able to share it with family and friends. Extra copies are always available. The magazine is edited, printed & packed locally and distributed FREE to every ostomate in New Zealand as well as to several overseas countries.

Contributions for the magazine are always welcome. If there is something in particular you would like featured in the magazine do let Jill know and every endeavor will be made to get the information for you.

Contact Jill @ Ph: 308 1419 Cell: 0275 547 388 or by email at newtj@actrix.gen.nz

THE CLOSING DATE FOR ARTICLES AND CONTRIBUTIONS FOR THE NEXT MAGAZINE IS 20TH AUGUST 2017.

FNZOS MISSION STATEMENT

To work together with families, all medical professionals, and local health authorities, to ensure Ostomates and persons with related surgeries of every age and culture in New Zealand and within our region, receive, free of charge the best care and equipment that will enable them to lead normal lives of optimum quality

Subs remain at a low \$10 per year with \$5.00 of this going to our National Federation for affiliation fees. By paying a subscription it helps give us a better voice at government level, which in turn ensures we all continue to get free supplies and the support we need. Please note that your membership is extremely valuable in ensuring that we can provide continued services to our community and that our voice is heard at a national level.

We have no knowledge of, or access to, information on ostomates who have not submitted their details to us. The privacy of all ostomates and those who are members of our society is totally guaranteed. We urge you to consider supporting our work by paying your subscription. Being a member of a Society does not mean you have to attend meetings but of course you are welcome at any time.

All ostomates regardless of their membership status, receive our local newsletters and a copy of the NZ Ostomate magazine. ensuring that **every** ostomate in our region receives the information and access to support that they deserve.

Subscriptions can be paid at our meetings, posted to our Treasurer Mrs Coyla Chisnall, 136a McMurdo St or phone any of the members as detailed in this newsletter and they will gladly pick it up from you.

FNZOS CONFERENCE & ANNUAL GENERAL MEETING

Plans are well underway for this great weekend of learning & sharing with other ostomates to be held at the Quality Hotel in New Plymouth on Friday, Saturday & Sunday 4th - 6th August..

Some interesting speakers have been arranged and will include a Sightseeing Bus trip for Partners on the Saturday so if you are planning a visit to the North Island around that time it would be a great opportunity to be part of this exciting weekend.

Registration Forms are available from the Secretary as detailed above, from the FNZOS website or from Issue 1/2017 of the NZ Ostomate Magazine.

There has been a block booking made for accommodation at the Quality Hotel and reservations can be made by calling Toll Free on 0800 800 597 or at reservations@plymouth.co.nz

FULL DETAILS AVAILABLE IN ISSUE 1/2017 OF NZ OSTOMATE MAGAZINE.



Congratulations to FNZOS Treasurer Barry Maughan on being made a Member of the New Zealand Order of Merit (MNZM) in the Queens Birthday honours list in recognition of all the work he has done, and is doing, for Ostomates in both New Zealand and Worldwide over many years.

MOVING??

Please remember to phone or send us your change of address and contact details so we can keep you up to date with local events and to ensure you continue to receive regular newsletters & magazines.

*We look forward to seeing you
on Wednesday 28th June
Good health to you all from Your Committee*

DATES TO REMEMBER

- ◆ **Wednesday 28th June - 12 Noon**
Mid Winter luncheon & General Meeting at the Savage Club Rooms Cnr Cox & William Sts
- ◆ **Friday—Sunday 4th - 6th August** - FNZOS Conference and AGM in New Plymouth
- ◆ **Wednesday 23rd August** - General Meeting- Savage Club Rooms Cnr Cox & William Sts
More info to come.
- ◆ **Wednesday 25th Oct** - General Meeting
Savage Club Rooms Cnr Cox & William Sts
More info to come
- ◆ **December** - Christmas function Venue & format TBA - **Your ideas welcome.**

Suggestions are always welcome from members for Speakers, outings or events you would like your Society to provide for you, just speak to Dennis, Barbara or Coyla (details above) at any time and we will see what can arrange.

TRAVEL CERTIFICATE

- These can be download from the FNZOS website - www.ostomy.org.nz or obtained from the Secretary and filled in by your General Practitioner and carried with your passport when travelling overseas and can save you from embarrassment at the airport when going through customs
- plus other very useful information can be sought from www.ostomyinternational.org which is the International Ostomy Society website.
- Another useful site that shows where ostomy friendly toilets throughout New Zealand can be found is on the Crohn's & Colitis New Zealand website www.crohnsandcolitis.org.nz - www.toiletmap.co.nz . Very handy when travelling.