

S.C. OSTOMY SOCIETY INC.

SUPPORT, INFORMATION & EDUCATION

PATRON: Mr Graeme Roadley

PRESIDENT:

Diane Smith
Studholme, R. D. 10
WAIMATE
Ph: 03 689 9859
dianesmith@farmside.co.nz

SECRETARY:

Jill Newton
2/68 Cameron Street
ASHBURTON
Ph: 03 308 1419
newtj@actrix.gen.nz

TREASURER:

Chris Brosnahan
98 Claremont Road, R.D. 4
TIMARU
Ph: 03 686 2384
cmbros@farmside.co.nz

STOMAL THERAPIST

NURSE:

Bronney Laurie
687 2310
DNStomal@scdhb.health.nz

*Clinic available by
appointment Thurs
and Friday mornings.*

SOCIETY CONTACTS

TIMARU:

Janice Cochrane
027 688 6292

WAIMATE:

Diane Smith
689 9859
Graham Sullivan
689 9870

GLENVY:

Alf Billett
689 1048

GERALDINE:

Sally Brown
692 2852

TEMUKA:

Betty Falls
615 9889

S.C. Ostomy Society News - September 2016

Hi Folks,

It has been a busy time with the lambing and calving over the winter so I am looking forward to spring.

I hope you all have come through the winter without catching any of the terrible bugs that were going around.

To all the new Ostomies just remember the society is here to help any way we can because you are not alone. We are available at any time to help so just give us a call. Please be assured that it will be kept confidential.

Congratulations to Mr Graeme Roadley who was appointed as the new Patron of the FNZOS and Lee King who is the new Secretary.

It was great to hear there was good numbers attend the June Luncheon.

Our Christmas meal will be on Sunday 4th December at 5.30pm at the Timaru Raceway on the main Highway at Washdyke. Everyone is welcome to join us. The cost of the meal is \$38.00 per person so mark this date in your diaries now and let either Diane or Jill know (as detailed above) if you are able to attend.

I hope to see you all at the Pot Lunch tea on the 28th October at 6pm followed by a speaker. (See details on next page).

These meetings are open to all regardless of whether or not you are a paid up member of our Society and family members and supporters are always welcome.

If you require transport to any of our activities, please don't hesitate to call one of the members as detailed in this newsletter. Remember we are all only a phone-call away.

*Kind Regards & Good Health to you all
Diane Smith
President*

*Contact us anytime for a hospital or home visit or a friendly phone call.
Your privacy is guaranteed. Newsletters kindly distributed by District Nursing.*

OCTOBER MEETING

Tuesday 25th October – 6.00pm

*Join us at the Cancer Society Rooms in Centennial Avenue
for a Pot Luck tea followed by our meeting with Guest Speaker
Peter Hyslop who will tell us about his recent overseas travels*

Please bring a plate of finger food to share

EVERYONE WELCOME

GERALDINE MORNING TEAS

ORCHARD CAFÉ

(Just out of Geraldine on road to Rangitata)

11.00am

- Friday 14th October
- Friday 9th December – Venue TBA

Everyone welcome to come along for a coffee & a chat and a great opportunity to stock up on fresh fruit and vegetables

TEMUKA MORNING TEAS

TEAPOT INN

(Main Highway at North End of Temuka)

11.00am

- Friday 11th November

Everyone welcome to come and share in a tea, coffee or even lunch in a relaxed setting either inside or out

NZ OSTOMATE MAGAZINE – Issue 3/2016 is included with this newsletter. We hope you will find something of interest that can be shared with family and friends. The Editor Jill Newton is always looking for news, stories and fresh ideas for each edition and would love to receive your contributions via email or post or you can give her a call to discuss any ideas you have. If there is something specific you would like published, please let Jill know. The closing date for contributions for Issue 1/2017 is 20th February 2017. Contact Jill by phone on 03 3081419 or 0274 547 388 or by Email at newtj@actrix.gen.nz

FROM THE DESK OF STOMAL NURSE THERAPIST, BRONNEY LAURIE:

Hi Everyone

Well spring is here already and daylight saving only around the corner. The Stomal service continues to welcome new patients from throughout the region.

I recently was lucky enough to attend a Federation meeting in Wellington and visitor training was discussed. The Federation have designed a handbook for each society to ensure each ostomy visitor works within certain framework. To offer a visitor for new ostomates is still a very important part of your society and if you think that you could offer your service please let the society know.

The Federation conference next year will be in Taranaki and looks to be an exciting programme, with special outings for your partners and support people. Seriously consider attending it looks like a lot of fun and a gorgeous part of the country to explore.

As usual I will remind you that if you have over supply please let me know so that I can put a hold on your product when necessary. The stomal budget has become high priority for my manager and I do need to be aware if anyone is over supplied.

As for me life is great - have spent the last few weekends painting fences which is not so great but the weather has been so good I can't complain. My gorgeous grandson is 11 months and exploring, he keeps me very busy. Bronney :)

2016 DATES TO NOTE IN YOUR DIARY:

- **Open Meeting: Tuesday 25th October 6.00pm – Cancer Society, Centennial Avenue**
- **Christmas Dinner: Sun 4th December 5.30pm – Timaru Raceway, Washdyke.**

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ANNUAL SUBSCRIPTION
SOUTH CANTERBURY OSTOMY SOCIETY INC.

Please return to:

**SC Ostomy Society Treasurer
Chris Brosnahan
98 Claremont Rd.
RD 4 Timaru**

Year subscription - \$10.00 per member/family	\$.....
Donation to the society's work (optional)	\$.....
Total	\$.....
Receipt required (please tick)	Yes / No

Name (Mr Mrs Miss Ms)

Address

Phone

Email

Please tick all appropriate boxes:

- Colostomate
- Ileostomate
- Urostomy
- Other

WHERE DOES YOUR MONEY GO?

- ☺ Our society supports the NZ Ostomy Federation. In particular their work at Government level, advocating for the continuation of cost free ostomy supplies and the rights of all ostomates.
- ☺ Provide assistance and support with Stomal Therapy training for local nurses.
- ☺ Send a delegate to National Conference to keep us up to date with national issues and initiatives, and to be a voice for our region.
- ☺ Distribution of quarterly newsletters and NZ Ostomate magazine to all ostomates.
- ☺ Community Education seminars.

WHAT CAN WE DO FOR YOU?

- ☺ Regular information via newsletters.
- ☺ NZ ostomy information and networking through National Conference.
- ☺ Support group activities throughout the year.
- ☺ One on one support as and when requested.
- ☺ Hospital or home visiting as requested.
- ☺ An empathetic ear, someone to share your problems with.

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