

# **NEWSLETTER**

*Charities Commission Registration CCA4515*

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## **Hi Everyone,**

I hope the up and down weather we have been experiencing of late hasn't upset anyone's plans to much, we are now supposedly into Spring so with any luck the cold wet will disappear and the warm sun shine will prevail. To all those who aren't doing so well at present our thoughts and prayers go out to you for a quick recovery.

As I announced at our last meeting, due to a heavy work load and family commitment Mr Phillip Allen has had to resign as our Patron, I am pleased to announce that Dr (Miss) Nagham Al-Mozany has graciously taken up the position. Unfortunately due to her upcoming wedding she will not be available to attend any of our meetings until the new year.

## **August 19:** Thank you to all those that attended our Annual

Soup and roll meeting, we had a great array of soups to choose from, accompanied by fresh buttered rolls – and there wasn't much left over either.

Our guest speaker for the meeting was Rhys Bean, who gave us an insight into the Heart Registry and how the protocols and systems have changed over the years – how things have certainly improved from those early days. Rhys has another presentation available to us for a future date.

**October 21<sup>st</sup>:** This was our last General Meeting for the year; our suppliers were Liberty, Mark and Gene. Following their update on the products they have Mark then gave us a most inspiring presentation called "Happy Feet", about his own personal disability and how he has just recently found a new product that has totally changed his way of life – it was most interesting and inspiring.

**November 5<sup>th</sup>:** Although a bit late this year, we have booked for **HIGH TEA** at **THE BRIGHAM RESTUARANT & CAFE** Whenuapai. The cost for this will be \$15.00 p/p, Please contact **Lynda McCarthy 027-621-2700** to reserve your place we will then be able to let The Brigham know exact numbers.

**November 19<sup>th</sup>** We will be having an informal coffee meeting at **HOLLYWOOD CAFE** in Pukekohe all welcome – we are attempting to reach out to our members from the south who find our Grafton meetings to far to travel to.

**December 2<sup>nd</sup>:** This date is our **Annual Christmas Lunch**, the committee has organised a very nice menu again for you and we hope to see all of you there to help us celebrate the forth coming festive season. The cost for this is as per past years \$15.00 p/p..

**Monthly Lunches:** Monty is still reporting a good turn out to these, don't forget they are **THE LAST WEDNESDAY** of each month; our next one will be **November 29<sup>th</sup>** at the **Alex Bar and Eatery, Alexandra Park Racecourse Cnr of Greenlane West Rd and Manukau Rd, Greenlane**

Before I sign off here I would just like to leave you with this thought;

*"The cure for boredom is curiosity. There is no cure for curiosity."*

Cheers for now - Mike

## Comedy Corner

An elderly man is stopped by the police around 2 a.m. and is asked where he is going at this time of the night.

The man replies "I am on my way to a lecture about alcohol abuse and the effects it has on the human body, as well as smoking and staying out late,"

The officer then asks "Really? Who is giving that lecture at this time of night

The Man replies "That would be my wife."

## NATIONAL RECOGNITION AWARDS

### The John O'Neil Award

The John O'Neill Award is given in recognition of exceptional service to Ostomates at the local and/or National level. Only Ostomates are eligible. The recipient will have given exemplary and outstanding service to the Ostomy Community and been instrumental in the advancement of the physical and social well-being of Ostomates in New Zealand.

It may also be awarded for outstanding involvement in the International Ostomy community over many years.

### THE RUTH WEDLAKE AWARD FOR SERVICES TO OSTOMATES

The Ruth Wedlake Award has been established to recognize outstanding service and performance by Non-Ostomates, particularly Medical Professionals such as Surgeons and Nursing Staff in advancing the quality of life of Ostomates. Nominations may be received from any Member Society or the Federation Executive and must be submitted on the prescribed form and endorsed by the President of the nominating Society. Nominations will close with the Secretary FNZOS on 1 February each year.

The Nominations should provide detailed supporting history of nominee and reasons why the Nominating Society believes the nominee should receive an award. The Awards Committee will consider the nomination and if it is endorsed will forward it with accompanying recommendations to the FNZOS President for final decision to confer or deny the award. Nomination Forms are available on the website at [www.ostomy.org.nz](http://www.ostomy.org.nz) from Society Secretaries or by contacting Karl Moen at [info@ostomy.org.nz](mailto:info@ostomy.org.nz)

These awards are merit-based, recognising exceptional service to Ostomates and will be administered by an Awards Committee. They are not rewards for appointment or tenure of office, but a form of recognition. They will only be awarded as warranted and not on an annual or regular basis.

Only in very exceptional circumstances will the Committee consider recognising more than one Nominee in each class in one calendar year.

## Home Parenteral Nutrition (HPN) Support Group

Parenteral Nutrition Down Under Inc. (PNDU) is a self-funded, non-profit support group for consumers and carers in New Zealand and Australia on HPN for Intestinal Failure.

We welcome new members - not only consumers and carers, but also clinicians, industry representatives and others interested.

Please contact us via:

**The Secretary  
PNDU**

Email: [contactpndu@gmail.com](mailto:contactpndu@gmail.com)

Website: [www.pndu.org](http://www.pndu.org)

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## Reminder: Subscription Time Again

Subscriptions \$15.00 per annum can be paid at any Saturday meeting,  
by mail or via internet banking

Bank Account: Auckland Ostomy Society – ASB Meadowbank – 123086 0250193 00

**IMPORTANT:** Please enter your name in the **REFERENCE FIELD** if paying by Internet Banking

Special thanks to [CONVATEC](http://www.convatec.com) for the supply of envelopes and stamps, this really assists us in ensuring you receive your copy of the Bi-Monthly News Letter